

Mandometer Treatment on hold in Australia

The Stockholm Mandometer Clinic treated its first Australian patient in 2003; her health was permanently restored allowing her to engage in a successful professional career (1).

Since then, several other severely ill Australian patients have been treated in Stockholm (2). For follow up after they returned to Australia, a clinic was established in the Melbourne suburb of Brighton in 2006. By combining in-patient care for severely ill Australian patients at the Stockholm Clinic with out-patient care and follow-up at the Brighton Clinic the Mandometer Clinics have maintained their successful outcomes (3). By comparison, these outcomes are clearly superior to other eating disorder treatments outcomes published in the scientific literature (4).

Access to in-patient care is absolutely essential for the treatment of the severely ill and for many other patients as the first step in recovery. Our Brighton Clinic does not have an in-patient facility for patients opting to be treated there, so we are unable to provide the right platform to deliver all of our services. The lack of funding by health insurers and the Government has made access to the clinic most difficult. This is exacerbated due to the length of time required to take patients into remission and hence the cost involved.

Therefore it is with great regret that we advise that the clinic will be closing effective 30th April 2018. As soon as an opportunity for the right in-patient treatment has been established, in Brighton or at some other Australian site, the full spectrum of Mandometer services will be available to Australian patients with eating disorders. Until then, Australian patients are welcome to visit our website at mando.se and to have access to the full range of facilities at Mando's clinics in Sweden.

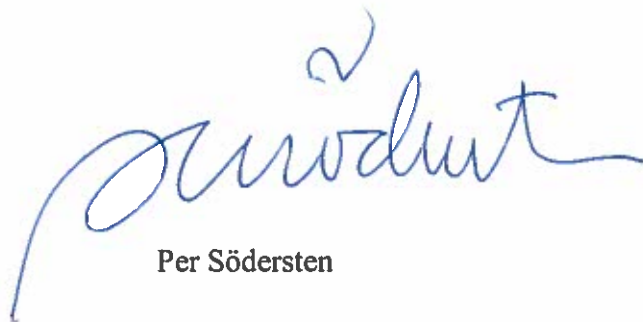
February 2, 2018

Mandometer Pty Ltd

A handwritten signature in blue ink, appearing to read "Cecilia Bergh".

Cecilia Bergh

CEO, PhD, Board Member

A handwritten signature in blue ink, appearing to read "Per Södersten".

Per Södersten

Professor, Board Member

1. Court J, Carr-Gregg M, Bergh C, Brodin U, Callmar M, Ejderhamn J, et al. An innovative treatment programme for anorexia nervosa. *J Paediatr Child Health*. 2005 Jun;41(5-6):305-6.
2. Court J, Bergh CEK, Södersten P. Mandometer treatment of Australian patients with eating disorders. *Med J Aust*. 2008 Jan 21;188(2):120-1.
3. Bergh C, Callmar M, Danemar S, Hölcke M, Isberg S, Leon M, et al. Effective treatment of eating disorders: Results at multiple sites. *Behav Neurosci*. 2013 Dec;127(6):878-89.
4. Södersten P, Bergh C, Leon M, Brodin U, Zandian M. Cognitive behavior therapy for eating disorders versus normalization of eating behavior. *Physiol Behav*. 2017 Mar 16;174:178-90.